



COVID19 – ATTENDANCE

How do I know whether or not I should keep my child at home?

Some parents/carers have asked whether or not their child should come to school if they have cold symptoms. Children who are presenting just cold symptoms, e.g. sore throat, blocked/runny nose, sneezing, can and should attend school. This is difficult for all of us to navigate so to support your decision making please read the information set out below about symptoms and actions required with regard COVID19:

Symptoms	Coronavirus	Flu	Cold
Fever	Common	Common	Rare
Cough	Common	Common	Mild
Loss of taste and smell	Sudden	Rare	Sometimes
Fatigue	Sometimes	Common	Sometimes
Headaches	Sometimes	Common	Rare
Aches and pains	Sometimes	Common	Common
Runny/stuffy nose	Rare	Sometimes	Common
Sore throat	Sometimes	Sometimes	Common
Sneezing	No	No	Common
Shortness of breath	Sometimes	No	No
Diarrhoea	Sometimes for children	Sometimes, especially for children	No

Table adapted from WHO, CDC – BBC



What to do if...	Action Needed	Return to school when...
...my child has coronavirus symptoms	<ul style="list-style-type: none"> • Do not come to school (siblings must not come to school either) • The whole household are required to self-isolate • Get a test • Inform school immediately about test result. 	<p>...the test result comes back negative.</p> <p>If you receive an inconclusive result you will need to be tested again and continue to self-isolate.</p> <p>Ring the school to advise of test result.</p>
...my child has tested positive for coronavirus	<ul style="list-style-type: none"> • Do not come to school (siblings must not come to school either) • Your child will be required to self-isolate for 10 days from start of symptoms; the rest of the household must self-isolate for 14 days • Inform school immediately about test result. 	<p>Pupils can return to school after 10 days even if they still have a cough or loss of smell/taste (these symptoms can last for several weeks once the infection has gone). If the child still has a temperature they must remain off until their temperature is back to normal.</p> <p>Ring the school to advise of test result.</p>
...somebody in my household has coronavirus symptoms	<ul style="list-style-type: none"> • Do not come to school (siblings must not come to school either) • The whole household are required to self-isolate • Only the household member with symptoms needs to get a test • Inform school immediately about test result. 	<p>...the test result comes back negative.</p> <p>If you receive an inconclusive result you will need to be tested again and continue to self-isolate.</p> <p>Ring the school to advise of test result.</p>
...somebody in my household has tested positive for coronavirus	<ul style="list-style-type: none"> • Do not come to school (siblings must not come to school either) and alert school urgently that your child has tested positive. • Your child will be required to self-isolate for 14 days from the date of the positive result. 	<p>...the child has completed 14 days of self-isolation.</p>
...NHS Test and Trace have identified my child as being in contact with someone who has tested positive for coronavirus	<ul style="list-style-type: none"> • Do not come to school (siblings must not come to school if they have also had contact) • Your child will be required to self-isolate for 14 days (Test and Trace will confirm the isolation dates to you) 	<p>...the child has completed 14 days of self-isolation as advised by NHS Test and Trace.</p> <p>Ring the school to advise of isolation dates.</p>
We/my child has returned from a country where we need to self-isolate on return for two weeks	<ul style="list-style-type: none"> • Do not take unauthorised leave in term time where possible • Consider quarantine requirements and FCO advice before booking travel • If leave during term time is unavoidable, contact the school at least on month prior to travel and complete a Leave of Absence Form <p><u>Returning from a destination where quarantine is required</u></p> <ul style="list-style-type: none"> • Do not come to school (siblings must not come to school either) • Advise the school on the date of travel and the end of the quarantine period 	<p>...the quarantine period of 14 days has been completed.</p> <p>If symptoms develop during the quarantine period, you must get a test and follow the guidance under the section "my child has coronavirus symptoms" above.</p>
...we have received medical advice that my child must resume shielding	<ul style="list-style-type: none"> • Do not come to school • Contact the school and provide a copy of the letter given to you by your medical practitioner 	<p>...restrictions have been lifted following shielding guidelines.</p>