

WEEK NUMBER: ONE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOME ZONE	HOME ZONE	HOME ZONE	HOME ZONE	HOME ZONE
Mince & Dumplings or Tomato & Basil Pasta (V) * * * Mashed Potatoes Cauliflower & Green beans * * * Traybakes Fresh Fruit Salad & Yoghurt	Roast Pork or Vegetable Curry (V) * * * Roast Potatoes Carrots & Broccoli Rice * * * Apple Crumble & Custard Fresh Fruit Salad or Yoghurt	Battered Cod or Chefs Special (V) * * * Chipped Potatoes Mushy Peas/Baked Beans * * * Waffles Fresh Fruit Salad or Yoghurt	Honey Chilli Chicken or Vegetable Toad in the hole (V) * * * Midi Potatoes/Baby Carrots Prawn crackers/Rice * * * Fruit Sponge & Custard Fresh Fruit Salad or Yoghurt	Beef / Cheese Burger in a bun or Vegetable Chilli served with rice (V) * * * Potato Wedges Peas & Sweetcorn * * * Traybakes Fresh Fruit Salad & Yoghurt
FAST ZONE	FAST ZONE	FAST ZONE	FAST ZONE	FAST ZONE
Daily Special Panini Plain Jackets (V) Filled Jackets Salads	Daily Special Mezzuna Breads Plain Jackets (V) Filled Jackets Salads	Daily Special Plain Jackets (V) Filled Jackets Pick 'n' Mix Salad	Daily Special Filled Bagels Plain Jackets Filled Jackets Pick 'n' Mix Salad	Daily Special Plain Jackets (V) Filled Jackets Pick 'n' Mix Salad
GO ZONE	GO ZONE	GO ZONE	GO ZONE	GO ZONE
Wide Selection of Sandwiches Packed Lunches Pasta King (M) & (V) * * * Cold Drinks	Wide Selection of Sandwiches Packed Lunches Pasta King (M) & (V) * * * Cold Drinks	Wide Selection of Sandwiches Packed Lunches Pasta King (M) & (V) * * * Cold Drinks	Wide Selection of Sandwiches Packed Lunches Pasta King (M) & (V) * * * Cold Drinks	Wide Selection of Sandwiches Packed Lunches Pasta King (M) & (V) * * * Cold Drinks

In addition to the above, fresh fruit, yoghurt, bread & butter, cold meats, cheese, salads and an assortment of cold desserts will be available on a daily basis.

Cold fillings for jacket potatoes will consist of tuna mayonnaise, pink salmon, cheese, pasta salad, coleslaw, egg mayonnaise, etc (HC = Healthy Choice)



WEEK NUMBER: TWO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>HOME ZONE</p> <p>Pasta Bolognese served with Garlic Bread or Quorn Casserole & Dumpling(V) ***</p> <p>Boiled Potatoes Mixed Vegetables ***</p> <p>Traybakes Fresh Fruit Salad or Yoghurt</p>	<p>HOME ZONE</p> <p>Roast Turkey & seasoning or Vegetable Lasagne (V) ***</p> <p>Roast Potatoes Carrots & Green beans ***</p> <p>Chocolate Orange Sponge & Custard Fresh Fruit Salad or Yoghurt</p>	<p>HOME ZONE</p> <p>Chicken Nuggets or Chefs Vegetarian Special (V) ***</p> <p>Chips Peas/Beans ***</p> <p>Doughnuts Fresh Fruit Salad or Yoghurt</p>	<p>HOME ZONE</p> <p>Yorkshire Pudding filled with Mince & Vegetables or Macaroni Cheese (V) ***</p> <p>Mashed Potato Vegetables ***</p> <p>Fruit Crumble & Custard Fresh Fruit Salad or Yoghurt</p>	<p>HOME ZONE</p> <p>Sausage Roll or Vegetable Frittata (V) ***</p> <p>Parmentier Potatoes Peas & Sweetcorn ***</p> <p>Traybakes/Rice Pudding/ Icecream Fresh Fruit Salad or Yoghurt</p>
FAST ZONE	FAST ZONE	FAST ZONE	FAST ZONE	FAST ZONE
<p>Daily Special Flatbread Plain Jackets (V) Assorted Salads</p>	<p>Daily Special Filled Bagels Plain Jackets (V) Filled Jackets Assorted Salads</p>	<p>Daily Special Plain Jackets (V) Filled Jackets Assorted Salads</p>	<p>Daily Special Panini Plain Jackets (V) Filled Jackets Assorted Salads</p>	<p>Daily Special Panini Plain Jackets (V) Filled Jackets Assorted Salads</p>
GO ZONE	GO ZONE	GO ZONE	GO ZONE	GO ZONE
<p>Wide Selection of Sandwiches Packed Lunches Pasta King (M) & (V) ***</p> <p>Cold Drinks</p>	<p>Wide Selection of Sandwiches Packed Lunches Pasta King (M) & (V) ***</p> <p>Cold Drinks</p>	<p>Wide Selection of Sandwiches Packed Lunches Pasta King (M) & (V) ***</p> <p>Cold Drinks</p>	<p>Wide Selection of Sandwiches Packed Lunches Pasta King (M) & (V) ***</p> <p>Cold Drinks</p>	<p>Wide Selection of Sandwiches Packed Lunches Pasta King (M) & (V) ***</p> <p>Cold Drinks</p>

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HOME ZONE	HOME ZONE	HOME ZONE	HOME ZONE	HOME ZONE
Mince & Vegetable Suet Pie or Vegetable Nachos *** Mashed Potato Carrots & Broccoli *** Traybake Fresh Fruit Salad or Yoghurt	Roast Gammon & Yorkshire Pudding or Quorn Meatball Pasta (V) *** Roast Potatoes Medley Vegetables *** Marble Sponge & Custard Fresh Fruit Salad or Yoghurt	Fishfingers or Vegetarian Chefs Special (V) *** Chips Mushy Peas *** Fruity Oat Muffin Fresh Fruit Salad or Yoghurt	Chicken Curry served with nan bread or Vegetable Casserole & Dumplings (V) *** Midi Potatoes/ Rice Peas/Sweetcorn *** Chocolate Cherry Sponge & Custard Fresh Fruit Salad or Yoghurt	Pizza Or Vegetable Cottage Pie *** Seasonal Potatoes Seasonal Vegetables *** Traybake Fresh Fruit Salad or Yoghurt
FAST ZONE	FAST ZONE	FAST ZONE	FAST ZONE	FAST ZONE
Filled Bagels Plain Jackets (V) Filled Jackets Assorted Salads	Plain Jackets (V) Flatbreads Filled Jackets Assorted Salads	Plain Jackets (V) Filled Jackets Assorted Salads	Panini Plain Jackets (V) Filled Jackets Assorted Salads	Plain Jackets (V) Filled Jackets Assorted Salads
GO ZONE	GO ZONE	GO ZONE	GO ZONE	GO ZONE
Wide Selection of Sandwiches Packed Lunches Pasta King (M) & (V) *** Cold Drinks	Wide Selection of Sandwiches Packed Lunches Pasta King (M) & (V) *** Cold Drinks	Wide Selection of Sandwiches Packed Lunches Pasta King (M) & (V) *** Cold Drinks	Wide Selection of Sandwiches Packed Lunches Pasta King (M) & (V) *** Cold Drinks	Wide Selection of Sandwiches Packed Lunches Pasta King (M) & (V) *** Cold Drinks

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