



# Laurence Jackson School's Parental Bulletin

13th January 2023

## Messages from the Headteacher

**New Club**—there is a new exciting opportunity for all students in all year groups provided by our in Modern Foreign Languages department. German Club will be starting after school (2.40-3.30pm) in L13 starting Wednesday 18th January. The club will then run every Wednesday on a WEEK 1 after the first class. It will be led by Miss. Ridsdale, our trust Director of Languages who will be running this club every two weeks. Please come along and try learning a new language! Students are required to sign up with Mrs McGrogan by Tuesday 17th January.

**Wellness Walks**—available to join during January across Redcar and Cleveland

organised by the Community Health Development Coordinator at Redcar and Cleveland Borough Council. They are free to take part in and you just simply turn up. For further information see their Facebook page: @RCwellbeingwalks

Guten tag!  
Vielen Dank!

## Deutschclub

New German club starting soon at LJS ..  
For ALL STUDENTS 😊

**First session**  
on Wednesday 18th January  
in L13 from 2.40- 3.30pm  
(and then every Week 1)

Please sign up with Mrs. McGrogan by Tuesday 17th January.

Sprechen Sie Deutsch?  
Bis bald!



### Various days, start times & locations

Our **FREE** guided walks are run by friendly, experienced Walk Leaders. A great way to meet new people and improve your health and wellbeing.

For more information contact Gary on 07813 352117  
or [gary.wilson@redcar-cleveland.gov.uk](mailto:gary.wilson@redcar-cleveland.gov.uk)

Brotton \* Guisborough \* Liverton Village \* Loftus  
Marske \* Normanby \* Redcar \* Saltburn \* Skelton



**Lost property**—we will be displaying lost property next Thursday and Friday. After this time, any unclaimed items will be washed and either donated to PE for spare kit or donated to charity. Please ensure your child looks after their belongings and that all items are named.

**Absence**—please be reminded to contact school for every day of your child's absence with a reason for their absence via 01287 636361 (option 3). If your child is in school but over the course of the day becomes too unwell to stay, they should see the member of staff in the medical room and we will make contact with you, if needed, to arrange collection. Students are not permitted to use their phone in school and should not be contacting home or making contact with any other person. We would appreciate your support in reminding your child of these expectations.

**Vacancies**—We have a number of support vacancies in our trust schools—please see the below link for details and please help us by sharing [Work for us \(valt.org.uk\)](https://www.valt.org.uk)



## Year Group Specific Messages

Year 9	<p>The Year 9 into 10 options process will take place this half term. There will be detailed information for both parents and students when the process begins.</p> <p>As mentioned last term, the <b>Td/iPV and Men ACWY vaccine</b> for all Year 9 students will be delivered between February and April —please see the NHS letter on class charts to consent to your child having this vaccination.</p> <p>Year 9 into 10 Options—Toward the end of this half term the KS4 options process will begin , further details to follow.</p>
Year 10	<p><b>Upcoming exams</b>—the following dates are <b>real exams</b> and are part of your child’s official course:</p> <ul style="list-style-type: none"><li>• Friday 27<sup>th</sup> January – Childcare exam</li><li>• Tuesday 31<sup>st</sup> January – BTEC Tech Award in Enterprise exam</li></ul> <p><b>Work Experience</b>—The Year 10 Work Experience Programme will be held from Monday 10th to Friday 14th July 2023. On Monday 16th January, your child will receive an electronic questionnaire via their school email, which they are required to complete and submit by Friday 3rd February. A dedicated Work Experience programme assembly will be held on Tuesday 14th February where your child will be fully briefed on the programme. If you have any questions, please contact Miss H Mitchinson, Careers Education Co-ordinator on 01287 636361 or by email <a href="mailto:careers@laurencejackson.org">careers@laurencejackson.org</a>.</p>
Year 11	<p><b>Upcoming exams</b>—the following dates are <b>real exams</b> and are part of your child’s official course:</p> <ul style="list-style-type: none"><li>• Friday 27<sup>th</sup> January – Childcare exam</li><li>• Tuesday 31<sup>st</sup> January – BTEC Tech Award in Enterprise exam</li></ul> <p><b>Year 11 Sex Education</b>—the session on pornography is on Friday 20<sup>th</sup> January (delivered by Brook - an external provider). If you have any concerns your child may struggle with this topic, then please contact <a href="mailto:russellp@laurencejackson.org">russellp@laurencejackson.org</a> or the relevant Year Leader.</p>

## Learning 4 Life Topics

Please see the below listed topics that will be covered in learning4life over the next term. If you have any concerns your child may struggle with any of these topics, please contact:

[russellp@laurencejackson.org](mailto:russellp@laurencejackson.org) or the relevant Year Leader.

Year 7 - staying safe online and offline / gaming safety / energy drinks / e-cigs / alcohol

Year 8 - county lines / child exploitation / grooming/substance misuse

Year 9 - Drugs education

Year 10 - forced marriage / online gambling / social media validation

Year 11 - revision strategies / drugs education

## Safeguarding Spotlight

As we have covered the impacts, risks and negatives to social media and our young people, we have found a alarming article that highlights the impact social media is having on our young people. The teenage mental health charity Stem4 has published findings about the impact of social media on children and young people's body image, mental health and well-being using data from a survey of 1,024 children and young people aged 12- to 21-years-old. Findings include: nearly half of respondents said they are regularly bullied online about their physical appearance; 69% said social media has a negative effect on their mood, and 62% were worried that their mental health is being damaged by online content. Please follow the below links for the full articles. However it is again another reminder of the importance of monitoring our young people social media and having open and honest conversations about the content they are exposed to and they create and share.

**Read the press release:** [Social media triggers children to dislike their own bodies, stem4 survey finds](#)

**Read the Guardian article:** [Social media triggers children to dislike their own bodies, says study](#)

As an antidote to this situation, fighting like with like and using the mobile phone as a force for good, youth mental health charity stem4, with a grant from the NIHR, has created the Worth Warrior app. It is a free evidence-based, mobile phone app to help young people overcome issues of negative body image, low self-worth, and related early-stage eating difficulties or eating disorders. (<https://www.worthwarrior.co.uk/> )

## Celebrating Student Success

Huge **congratulations** to Ella P (Y9) who competed in the Senior National Qualifiers for Table Tennis in Nottingham last weekend.



Ella's objective on the first day was to get into the top 32 to compete again. Ella topped her group on this day, winning 6 out of 6 games. On the following day, she attempted to get in the top 14, which would automatically qualify her for the Senior Nationals in March against the top 16 women in the country. At 14 years old, Ella not only made the top 14, she actually WON the qualifiers. Ella travels to Linz, in Austria next week to compete in her first World table tennis event for England—good luck Ella and a massive well done!

